

**Your surgeon Dr. Brian W Hill recommends:**

Xcelerated Recovery® Nutritional Supplementation for enhanced recovery.

Optimize your nutrition to maximize your healing.

## Surgical Recovery Options:

- A** • **3 week surgical program:** 3 boxes, Pre op carb loading + shaker bottle (1 week pre + 2 weeks post op)
- B** • **2 week post op bundle:** 2 boxes + shaker bottle
- C** • **14 pack box** ( 1 serving taken post Physical Therapy)

**Recommended Directions:** Take 2 packets daily. With Breakfast and Lunch, or 20 minutes after your Physical Therapy or exercise. Mix easily with water, juice, or add to fruit smoothie or protein shake.

### Benefits:

- Helps reduce muscle atrophy
- Supports muscle repair & strength
- Faster return to functional recovery
- Promotes wound healing and reduces risk of infection

### Easy to use drink mix:

- Lactose, dairy, and gluten free
- Kosher
- No added sugar, artificial flavoring or dyes
- NSF Certified for Sport®

**Available online @ [xrscience.org](http://xrscience.org)**

**Enter code HILLMD20 at checkout for 20% off your order**

**For Patient Questions please contact**

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**Stimulates  
Muscle Growth**



**Supports Faster  
Recovery**



**Promotes  
Wound Healing**



**Vegan Friendly  
Formula**